



Paradise Kindergarten

Skin Protection Policy

Rationale

Paradise Kindergarten promotes the safety of children and adults by ensuring the requirements of the National Quality Standards are met;

2.3 Each child is protected

2.3.2 Reasonable steps are taken to identify and manage risks, and every reasonable precaution is taken to protect children from harm and hazards

- The service will provide a comfortable and safe environment for children
- Heating and cooling equipment provided to maintain a comfortable temperature for children
- Sun protection/advice from the Cancer Council. (also see skin protection policy)

It aligns with the Australia Early Years Learning Framework (EYLF) and DECD Wellbeing strategy.

Following recommendations from the Cancer Council SA this skin protection policy will operate from 1st September until 30th April when UV radiation levels are 3 and above.

It is important to balance sun protection with safe sun exposure for the production of vitamin D for bone growth and development. During May to August, at times when the UV radiation level is below 3, sun protection for most people is not necessary.

Curriculum

The aim is to promote:

- Positive attitudes towards skin protection among children, parents & staff.
- Lifestyle practices which can help reduce the incidence of skin cancer and the number of related deaths.
- Personal responsibility for and decision making about skin protection.
- Awareness of the need to risk manage outside play times when the UV radiation level is 3 and above.

Strategies for skin protection:

1) Shade

- Activities conducted in periods of hot weather are to be undertaken in the shaded areas of the Kindergarten, eg shade structure over climbing, sandpit, pergola, shade trees, umbrellas and tents erected as needed.

2) Hats

- Children and staff are required to wear broad brimmed, legionnaire or bucket hat (with brim >5cm) outside at all times when UV is 3 or more.
- No hat = no outdoor play

3) Clothing

- Children and staff will be encouraged to wear shirts with collars and at least elbow length sleeves and longer style shorts/skirts.
- Parents will be encouraged to add a T shirt to sleeveless dresses for girls

4) Sunscreen

- Parents will be encouraged to apply 30+SPF sunscreen at home and to send a small roll - on dispenser for staff to help children to apply at lunch time.

5) Staff at Paradise Kindergarten:

- Because Cancer Council SA also recommends that particular care should be taken during 1st September and 30th April between 10.00 am - 3.00 pm, when the UV radiation levels are at their highest, staff will monitor these and **risk manage** outside play times.
- The kindergarten has extensive areas of shade and effective air conditioning and staff will use their discretion to ensure children have access to the outside play environment. (*see hot weather policy*)
- Role model appropriate SunSmart strategies in all the kindergarten's activities.
- Will keep up to date with new information and resources from Cancer Council SA.
- All new staff, children and families will receive a copy of the Skin Protection policy.
- Policy issues will be discussed at staff and governing council meetings as needed.

This Policy will be shared with all new staff and families, and available to view in the Preschool Policies Booklet and on the Preschool Website.

Enrolled families will be asked to confirm they have read and understand this Policy by signing the Information & Consents Form at the time of enrolment.

Endorsed and Ratified by Staff and Governing Council 2012. Reviewed 2016