



PARADISE KINDERGARTEN

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Sun protection policy

National Quality Standard Area 2 | Children's health and safety

Children have the right to experience quality education and care in an environment that safeguards and promotes their health, safety, and wellbeing.

Purpose

All department school sites, and early childhood education and care services must have a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultraviolet (UV) radiation levels reach 3 or above.

Sites must inform the preschool's community including employees, students, parents, and volunteers of the sun protection policy. Wherever possible, children and young people are encouraged to be responsible for their own sun protection.

Using sun protection

Paradise Kindergarten uses a combination of sun protection measures for all outdoor activities on- and off-site **during terms 1, 3 and 4** including:

Clothing

Parents are encouraged to adhere to the sun protective clothing outlined in the should be provided for children to wear at this site. Clothing should be cool, loose fitting and made of closely woven fabric. This includes shirts with elbow length sleeves, longer style dresses and shorts, t-shirts with collars and short sleeves or elbow length. Families are advised to reconsider sleeveless dresses and tank tops and preference given to those with sleeves.

Sunscreen

Children with allergies are asked to provide their own SPF30+ (or higher) broad spectrum, water resistant sunscreen and the site supplies SPF30+ (or higher) broad spectrum, water resistant sunscreen for children's use.

Families are encouraged to apply sunscreen at home and as close to the start of the Kindergarten session as possible. Children will be encouraged to reapply sunscreen regularly and will be supervised at rest time to reapply sunscreen. Educators will use their discretion as to when to apply sunscreen to fit in with the daily program.



Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or paediatrician.

Hats

All children are required to wear hats that protect their face, neck, and ears e.g., legionnaire, broad brimmed or bucket hats, whenever they are outside. Baseball or peak caps are not acceptable. No hat = no outdoor play. Cords, drawstrings and toggles in hats and children's clothing may become entrapped in small gaps and are highly discouraged due to the risk of severe injury. The Kindergarten can provide spare hats if required and these are washed on a regular basis.

Shade

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible. Outdoor events are scheduled to be held during term two or earlier in the day where practical.

Children are encouraged to use available areas of shade when outside.

Children who do not have appropriate hats or clothing are asked to stay in the shade or a suitable area protected from the sun. The kindergarten provides spare hats and spare clothes to adhere to the sun safe policy.

Curriculum

Programs on sun safety are included in the curriculum.

Sun Smart behaviour is regularly reinforced and promoted to the whole kindy community through newsletters, communication platform, parent meetings, staff meetings, student, and teacher activities.

Supporting information

The information has been extracted from the [Cancer Council SA SunSmart policy](#).

Approvals

Status:

Version: 0.1

Approved by: Charmaine Suares Howard, Director Paradise Kindergarten

Approved by: Angela Abbott, Governing Council Chairperson

Approval date: 7 December 2022

Next review date: 4 December 2024(must be 3 years from the approved date)

Revision record

(List the revision record in order of most recent updates at the top)

Version: 1.0

Approved by: Name | Director, Site Name

Approved date: Click or tap to enter a date.

Next review date: Click or tap to enter a date.

Amendment(s): document creation.